



BUILDING HEALTHY SELF ESTEEM IN THE CHILD



the following factors will build positive self-esteem in the child

- **Praise and affirmation**
- **Valuing who they are**
- **Accepting the child as an individual who is unique**
- **Through demonstrating RESPECT**
- **Allowing a child to respond and feedback appropriately**
- **Allowing a child space to make age appropriate decisions**
- **Correcting a child's behaviour and not attacking their dignity**
- **Allowing the child to take risks with things they will most likely succeed at**
- **Allow the child to do manageable tasks as this builds confidence - don't do for him or her what they can do for themselves**

